

Name: Nancy Vergauwen	Date: 02/07/2025	Level: Intermediate	Number of students expected:
Topic: eating habits			
Main lesson focus (underline one): <u>Grammar</u> / <u>Vocabulary</u> / Pronunciation / Reading / Listening / Speaking / Writing			
Learner outcome(s): The students will be able to talk in the present simple about their eating habits by using adverbs of frequency			
Grammar: Adverbs of frequency			
Vocabulary: adverbs of frequency, Leftovers (n), schedule (n) balanced (n) sugary (adj), Do you have a sweet tooth			
Phrases:			
Materials: Exercices, lessonplan			
Assumptions: For this lesson I assume the Ss already know... some adverbs of frequency			
An anticipated problem: The level of the students			
My proposed solution:			
What I intend to work on based on previous feedback: More time to elicit the vocab, more iccq's for the instructions, reducing TTT			

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Stage of lesson No. of minutes	Procedure (What I / they do)	Objective (Why am I / are they doing this?)	Main skill students will be practising eg L
Warm up 5 min	1. What did you eat for lunch this today? 2. What did you eat for dinner yesterday? 3. Did you eat breakfast this morning? --- I list words on the board ° breakfast, lunch, dinner		
Engage 5 min	I show picture 1 What do you see on this picture? ---- List the words on ine side How can we call this food? Is this food good for our healthy? I show picture 2 What do you see on this picture? ---- List the words on ine side How can we call this food? Is this food good for our healthy? Toady we're going to talk about our eating habits,	The objective is to generate the interest and the cursiosity of the students, to activate their prior knowledge and to introduce the topic of the lesson, Through the questions and the vsuals the ss can start to think about the meaning and can connect his/her language to the visuals.	S
Pre-teach voc 5 min	EDCB/ Stress!! Leftovers (n) What word can you use for the food that you can eat anymore because you're full, Sterss on o schedule (n) Other word for planning, agenda? balanced (n) Draw a balance on the board, sugary (adj) Do you have a sweet tooth	Introduction of the vocabulary so SS can understand the text.	L+S

	<p>Elicit the adverbs by using questions; Drill the words ccq's 100 % always 80 % often 75 % usually 50 % sometimes 20 % hardly ever 0 % never</p> <p>1. Always Meaning: 100% of the time, every time. <i>Example: I always drink tea.</i> Usage: Used for habits that happen all the time, without exception. CCQs:</p> <ul style="list-style-type: none"> • If you always do something, do you ever skip it? (No) • If I always brush my teeth, do I sometimes forget? (No) • Does “always” mean sometimes or every time? (Every time) <p>2. Usually Meaning: Most of the time, but not every time. <i>Example: I usually eat leftovers for lunch.</i> Usage: For actions that happen regularly but may occasionally be different. CCQs:</p> <ul style="list-style-type: none"> • If you usually eat breakfast, do you sometimes skip it? (Yes, sometimes) • Does “usually” mean always or sometimes? (Most of the time, not 		
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always)

- If I usually take the bus, do I sometimes take a taxi? (Yes)

3. Often

Meaning: Many times, but less than usually.

Example: I often eat three meals a day.

Usage: For actions that happen frequently but not as regularly as “usually.”

CCQs:

- Does “often” mean every day? (Not always)
- If you often watch movies, do you watch movies sometimes? (Yes)
- Is “often” more frequent or less frequent than “usually”? (Less frequent)

4. Sometimes

Meaning: Occasionally, not regularly.

Example: I sometimes just drink a cup of tea.

Usage: For actions that happen now and then, but not very often.

CCQs:

- If you sometimes go to the gym, do you go every day? (No)
- Does “sometimes” mean never or often? (Sometimes)
- If I sometimes eat chocolate, do I eat it every day? (No)

5. Rarely

Meaning: Not often, almost never.

Example: I rarely eat meat.

Usage: For actions that happen very infrequently.

10 min	<p>CCQs:</p> <ul style="list-style-type: none"> • If you rarely eat sweets, do you eat them often? (No) • Does “rarely” mean sometimes or almost never? (Almost never) • If I rarely drink soda, do I drink it a lot? (No) <p>6. Never</p> <p>Meaning: At no time, not ever. <i>Example: I never eat red meat.</i></p> <p>Usage: For actions that do not happen at all.</p> <p>CCQs:</p> <ul style="list-style-type: none"> • If you never eat fast food, do you sometimes eat it? (No) • Does “never” mean sometimes or not at all? (Not at all) • If I say I never drink coffee, do I drink it sometimes? (No) <p>Write</p> <p><u>Practise 1:</u></p> <p>D; Individually</p> <p>I: Fill in the gaps</p> <p>M: Model</p> <p>T; 5 min</p> <p>S; sheets</p> <p>Fill in the blanks with the correct adverb of frequency from the box: always / usually / often / sometimes / rarely / never</p> <p>Correction in the classroom</p>	Through the exercise the ss can safely use the new language with the correct form and meaning	
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<p>Production</p> <p>15 min</p>	<p><u>Part 1</u> D: In pairs I: Interview your classmate. Ask the questions from this sheet to your college and write the answer down. M: M, do you sometimes skip meals? S: I give them the sheets T: You have 10 min</p> <p><u>Part 2</u> I: What did you find out about the eating habit of your college? And please use full sentences with the adverb of frequency. M: M. eats usually three meals a day. He sometimes drinks soda but rarely fast food.</p>	<p>The ss use the target language in an authentic context.</p>	
<p>Error correction</p>	<p>I correct some errors on the board</p>		